

It is the purpose of the University of California Martial Arts Program to preserve the philosophy, techniques and tradition of martial arts and to develop scientific understanding of the physical and spiritual implications of human performance.



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UC MARTIAL ARTS PROGRAM  
JOURNAL OF  
MARTIAL ARTS STUDIES V.6

UNIVERSITY OF CALIFORNIA AT BERKELEY  
MARTIAL ARTS PROGRAM

JOURNAL OF  
MARTIAL ARTS STUDIES



VOLUME  
6  
SUMMER 2004

A COLLECTION OF  
RESEARCH ARTICLES  
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